

Dr Helen Bulbeck

BRAIN UK Committee Member

Helen has experienced cancer from a caregiver's perspective and as a cancer patient. This 360-degree view means she is well placed to understand the perspectives of patients living with a brain tumour, their caregivers and health care professionals.

Her role in brainstrust, a national brain cancer charity which she founded, and as a consumer representative with various bodies, centres on effective consumer involvement and creating a voice for patients. Her ethos of 'none of us is as smart as all of us' is a core value.

Elemental to Helen's work is high performance coaching; this sets brainstrust apart. The coaching relationship enables people to face profound challenges, developing resilience and utilising resources to their full potential.

Helen co-founded the brain tumour element of the Brain Bank and sits on the Brain UK committee, with a particular focus on equity of access to tissue banking and genomic analysis. Her PhD-honed tenacity, combined with a listening ear, keeps her at the forefront of relevant research.